

Abuse by your spouse, partner or family  
is not a private matter!

## **Police emergency number 117**

You can report the offence  
at any police station.

Englisch

## **Thurgau Victim Support Office**

(Opferhilfe Thurgau)

[www.opferhilfe-tg.ch](http://www.opferhilfe-tg.ch)

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Adults 052 723 48 26

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Children and adolescents 052 723 48 23

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Counselling and support for victims and their r  
elatives. Free of charge. Confidential.

## **Advice Centre for Women Experiencing Violence**

[www.frauenberatung-tg.ch](http://www.frauenberatung-tg.ch)

052 720 39 90

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Counselling and support for victims and their  
relatives. Free of charge. Confidential.

## **Winterthur Women's Shelter** 24h

[www.frauenhaus-winterthur.ch](http://www.frauenhaus-winterthur.ch)

052 213 08 78

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Emergency shelter  
for women and children.

## **Parents' emergency helpline** 24h

[www.elternnotruf.ch](http://www.elternnotruf.ch)

0848 35 45 55

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Support and advice when you feel overwhelmed

# Office Dealing with Conflict and Violence

[www.konflikt-gewalt.ch](http://www.konflikt-gewalt.ch)

078 778 77 80

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Counselling for men, women and adolescents who use violence

## Protection Against Violence Office

Cantonal Police of Thurgau

[www.kapo.tg.ch/gewaltschutz](http://www.kapo.tg.ch/gewaltschutz)

058 345 27 57

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Information and police advice on domestic violence issues

## Medical emergencies 144

Cantonal Hospital Frauenfeld

058 144 77 11

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Cantonal Hospital Münsterlingen

058 144 11 11

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